

## Reviews

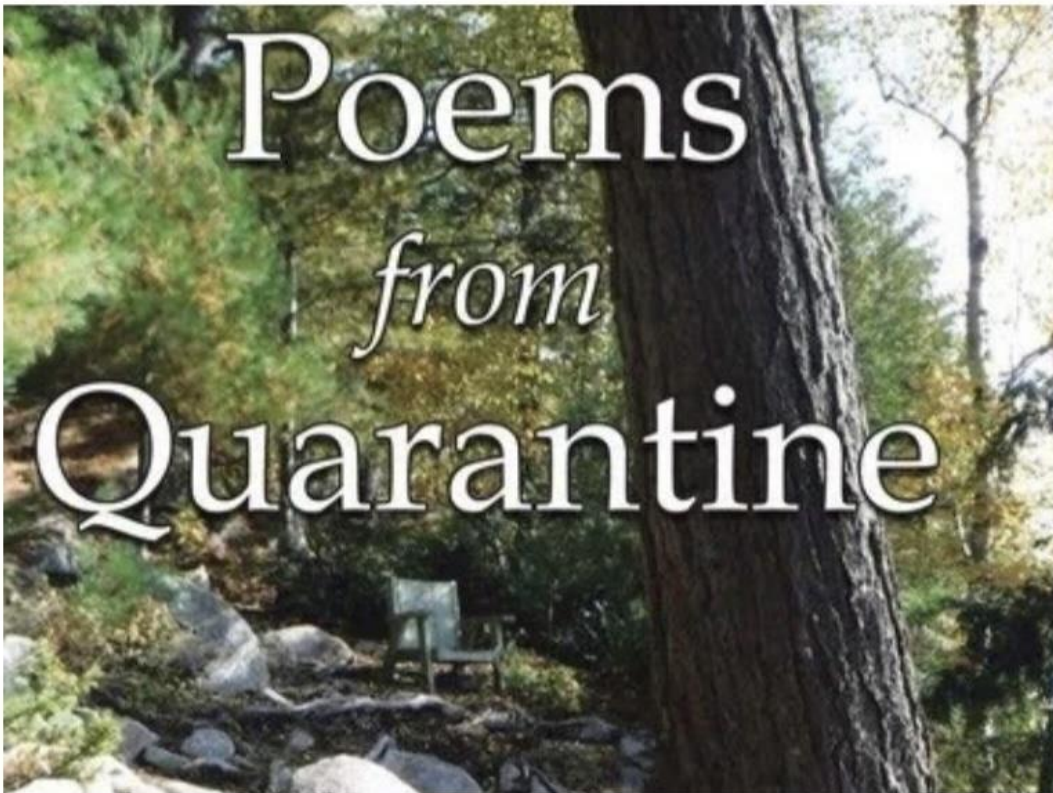
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### Books

## New books by London-area authors offer variety for all readers' tastes

Joe Belanger

May 14, 2021 • Last Updated 10 hours ago • 4 minute read





questioning her decisions, especially after a betrayal. Published by Sands Press, *A Certain Kind of Sadness* is available at Chapters/Indigo, Oxford Book Shop, and online at all major book retailers in paperback (\$19.99) and ebook (\$8.70).

**Poems From Quarantine:** This is poet Kathleen Elizabeth Sumpton's fourth book, a poetry anthology about the processes of life. For this book, Sumpton has reached into a "scrapbook of poetry brainstorm" or ideas she put away for a rainy day when the muse was hard to find. When the pandemic hit, Sumpton revisited the old ideas "to create a new outlook on the future." Published by Tellwell Talent, *Poems From Quarantine* is available at [amazon.ca](https://amazon.ca) in hardcover (\$28.23), paperback (\$22.09) and ebook (\$9.99).

## Customer reviews

★★★★★ 5 out of 5



2 global ratings

### Top reviews from Canada



NBA rulez

★★★★★ **Verified Purchase**

#### **A Captivating Worldview**

Reviewed in Canada on August 8, 2020

12 poems are assigned to 13 themes that are relevant to life. The authors viewpoint on topics is refreshingly different; stripping them of rigidity and therefore opening the door to entertaining other world views. Many of the poems resonate. I love books like this because I can pick them up for 5 minutes or for 2 hours. Outstanding!

Helpful

Report

## Top reviews from Canada



kelly smith



### **365 Days of Haiku Happiness**

Reviewed in Canada on June 22, 2020

Everyone likes and probably needs a boost to start their day off on the right foot, be it a coffee, a shower, a workout, or something more meditative and inspirational. I find that i have to hit the ground running most mornings so i don't have time for most if any of those things. That is why Kathleen Sumpton's 365 days of Haiku's are the perfect quick pick me up. They take only a moment to read, and like most Haiku's, they are like little bits of art, evocative and contemplative, making me apply their daily insights to my own life. At times humorous, joyous and positive, and at others, thought-provoking and soul-searching, they strike the right balance of whimsy and reality to fill my needs and time availability each and every morning. I find a mini "message in a bottle" in each of them, a lovely daily gift to myself.

One person found this helpful

Helpful

Report





Janice Sumpton



### **A refreshing view on life**

Reviewed in Canada on June 18, 2020

I enjoyed Kathleen's view through different lenses that are the structures of life. The different perspectives told through various ways in which life is structured is refreshing and enlightening. It gives the reader a new way of looking at life. The importance of food to sustain life, but also the emotional side of food is expressed as a key component of a healthy life. The stages of life are thought provoking. This anthology of poems provides the reader with multiple ways to view the world as it exists. Well worth reading.

Helpful

Report

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**See all reviews**



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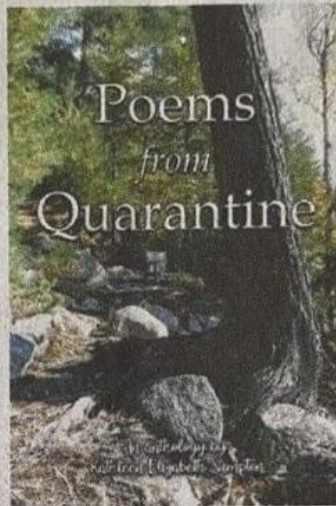
Write a review



**AREA AUTHORS FROM D1**



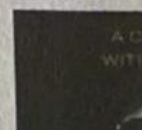
**A Certain Kind of Sadness:** This novel by Jillean McClory tells the story of Rachel Wharton, who graduates from university and takes a job in another city, leaving behind her lifelong love, family and friends. The distance between creates pressure and tension that leaves her questioning her decisions, especially after a betrayal. Published by Sands Press, *A Certain Kind of Sadness* is available at Chapters/Indigo, Oxford Book Shop, and online at all major book retailers in paperback (\$19.99) and ebook (\$8.70).



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**Nine-Tenth:** Londoner... the story of... who goes on... Camino de... in Spain with... son, Jake. ... six years before... and the purpose is to help her self-image... well Talent... is available in hardcover (\$20.88) and...







## READING ROUNDUP

# guide to new releases from local authors

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Available online at amazon.ca for \$29.47 (hardcover), \$23.99 paperback, and \$5.99 ebook.

**Willow's Wonderful Wigs:** The latest from London children's author Susan Ross, Willow's Wonderful Wigs, with illustrations by Nick White, is described in press materials as "a humorous, whimsical tale of love, friendship, creativity and happy endings" about a girl battling cancer and her mouse friend's efforts to help. It comes with instructions on how to make your own mouse. Published by Giggles Press, it's available online at amazon.com, amazon.ca, barne-sandnoble.com and susanross.ca for \$10.

**It's a Mitig!** Indigenous author Bridget George's children's book, which uses Anishnaabemowin words and English to help teach children Ojibway, won the children's category of the annual Periodical Marketers of Canada Indigenous Literature Award. Published by Douglas & McIntyre, It's a Mitig! is \$22.95, available online and at all major book retailers.

**Hearing Lies:** London author Olivia Smit's second novel is a sequel to 2020's Seeing Voices. Hearing Lies tells the story of two young people: Skylar, who can't wait to return to Golden Sound, and Mike, whose plans for a work internship fell through, forcing him to return. Both must face and deal with changes and challenges and the pursuit of truth.

Dr. Frederick Banting's discovery of insulin and the dog, Marjorie, who played a pivotal role in the discovery. Published by Owlkids, Fred & Marjorie is available from all major book retailers online and in stores for \$19.95.

**The Healing Power of Singing:** Singer-songwriter Emm Gryner's first book is "part study in the art of singing, part guide to finding one's voice, and part memoir" of a musical career that included touring with David Bowie, "a must-have for anyone who knows they should be singing," press materials say. Published by ECW Press, it's available at Fanfare Books in Stratford and from all major book retailers online and in store for \$24.95 (paperback) and \$12.79 (ebook).

**It's All About Me: My Life in Broadcasting:** Iconic London broadcaster Bill Brady's memoir is filled with interesting insights into the radio and TV industry and Brady's on-air career. Published by Binea Press Inc., it's available for \$25 at several bookstores including Oxford Book Store, Indigo North (Fanshawe Park Road), Chapters London South on Wellington Road, Fanfare Books in Stratford and The Book Keeper in Sarnia.

**The Lost Time Accidents:** London poet Sile Englert's debut collection covers a range of subjects and themes, including science and history, feminism, women's bodies and motherhood.

during which she and Shelly the turtle are reminded of safety rules. Self-published, it's available in hardcover for \$29.99 online or by messaging Zacher on her Facebook page.

**Barney Dreyfuss: Pittsburgh's Baseball Titan:** Retired London Free Press reporter/columnist Brian (Chip) Martin's latest book tells the story of Barney Dreyfuss, who founded the Pittsburgh Pirates, built Forbes Field — the National League's first concrete-and-steel ballpark — pushed to create the office of commissioner to govern the game and helped initiate the modern World Series. Published by McFarland & Co., it's available in paperback \$39.95 or ebook \$15.98 from all major online bookstores.

**Faith in Adultery:** London author and poet Kathleen Elizabeth Sumpton's sixth book follows last year's Poems from Quarantine. This novel, based on a true story, is about a young woman who decides to focus on developing a romantic relationship. It's a satire on modern relationships and the one ingredient that can enhance or destroy them: communication, press materials say. Published by Tellwell Publishing, it's available online and in store from all major book retailers for \$9.99 (ebook), \$17.99 (paperback), and \$29.99 (hardcover).

author Suzanne Varney's Super-Duper Triplets series features Lacy, Lexy and Lucy getting ready for their birthday, but facing one problem: Nana and Papa can't get over the bridge to visit. Can they find a way to get Nana and Papa to their birthday party? Published by Friesen Press, it's available in ebook (\$4.99), softcover (\$12.99) and hardcover (\$21.99) formats from all major online bookstores.

**Wonderful Christmas:** Varney's latest Super-Duper Triplets offering sees Lacy, Lexy and Lucy baking cookies, decorating the tree and cleaning in preparation for Christmas when their family always pops crackers, but the crackers are missing. Where can they be? Published by Friesen Press, it's available in ebook (\$4.99), softcover (\$12.99) and hardcover (\$21.99) from all major online bookstores.

**Heart of Africa:** Bernie Gilmore presents a "personal and insightful" record of time spent with a team from London in Ethiopia in the mid-1980s during the famine and hunger crisis considered one of the worst humanitarian events of the 20th century. Published by PageMaster Publishing, it's available online on Amazon and page-masterpublishing.ca for \$20. jbelanger@postmedia.com

**Faith in Adultery:** London author and poet Kathleen Elizabeth Sumpton's sixth book follows last year's *Poems from Quarantine*. This novel, based on a true story, is about a young woman who decides to focus on developing a romantic relationship. It's a satire on modern relationships and the one ingredient that can enhance or destroy them: communication, press materials say. Published by Tellwell Publishing, it's available online and in store from all major book retailers for \$9.99 (ebook), \$17.99 (paperback), and \$22.99 (hardcover).

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lfpress.com



The London Free Press

## Books

# Reading roundup: Your guide to new releases from local authors

*Retired London Free Press*

*reporter/columnist Morris Dalla Costa's first book explores the life of Bobby Marr, a London-born, Texas-raised Vietnam War veteran who returned from the war and soon found himself in a hospital bed with a bullet hole in his back from a police shootout.*

**Joe Belanger**

Nov 10, 2021 • Last Updated 5 days ago • 5 minute read

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**Inspiration jumped out at me  
from the pages of local London  
(Ontario Canada)**

**Author/Artist/Model, Kathleen  
Elizabeth Sumpton**

***<https://www.kathleensumpton.com/>***

**Not only is her work  
authentic (I know, I used the  
“a” word, it’s over-used, yes,  
but some people are the  
genuine deal). Reading**



**genuine deal). Reading  
Sumpton's 4 books a thought  
popped into my head that  
wouldn't be ignored or  
banished, why did I stop writing  
poetry, it was my first love  
before prose, what stopped  
me? I don't remember (or  
maybe I don't want to  
remember), but this reading  
experience made me realize I'd**

*you filter yourself?* Yes, I do. I couldn't tell you which book or poem I liked best, they all had their unique moments, they were all unrestrained, powerful, and a variety of emotions seeped through the pages. That's what I love about reading, you never know how it's going to make you feel,



## Are you the owner?

Get access

### Description

Clothing and shoes hold their own meaning in daily lives. Kathleen Sumpton is one of such establishments. Company is rated 5 by NiceLocal visitors and concludes its business by the following



# Kathleen Sumpton



★★★★★ 1 review

The best clothing and shoes

6233 place out of 10001

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Info

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Photo

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Reviews 1

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Phone number



**Nicelocal**

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places and  
services

London



Places



Search

# Kathleen Sumpton



5.0 ★★★★★ (2)

Artist in London, Ontario · [Open](#)

OVERVIEW

UPDATES

REVIEWS

PHOTOS

ABOUT

## Google review summary



5.0  
★★★★★  
(2)



## Rate and review

Share your experience to help others







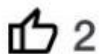
**Janice Sumpton**

1 review



★★★★★ 11 months ago

Kathleen Sumpton has written her latest poetry book entitled "Poems from Quarantine". It is an excellent collection of poems that have been formulated from notes and ideas collected over the last 20 years. The poems are written during the COVID-19 pandemic when times have changed and in some cases slowed down. The collection focusses on the process and not rushing to the end. A thought-provoking and introspective read as we enter year two of this pandemic. Submitted by Janice Sumpton



2





**Peter Perry**

1 review



11 months ago

AA



Q kathleen sumpton



August 16: Novels Alive  
August 23: Literary Gold  
August 30: Christine Young  
August 30: All the Ups and Downs  
September 6: Novels Alive – review only  
September 6: It's Raining Books  
September 13: Andi's Book Reviews  
September 20: The Avid Reader  
September 27: Archaeolibrarian – I Dig Good  
Books! – review only  
September 27: Fabulous and Brunette  
October 4: Aubrey Wynne  
October 11: The Faerie Review – review only  
October 18: Long and Short Reviews  
October 25: FUONLYKNEW – review only  
November 1: Iron Canuck Reviews & More –  
review only



NOVELSALIVE.COM  
PRESENTS

# GUEST BLOG + GIVEAWAY!

CAN SERIAL KILLERS BE  
LIKABLE? BY PETER PERRY  
AND KATHLEEN SUMPTON



By Dayna Linton



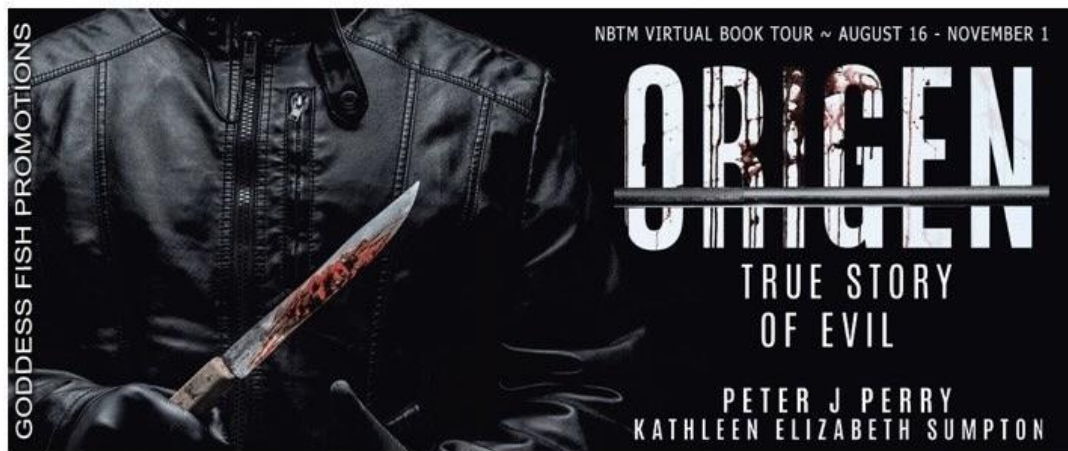
16 August 2021

Featured

Giveaway

Guest Blog

True Crime



Dayna Linton <http://dayagency.com>

Dayna is the owner of not only Novels Alive but of Day Agency, a full-service self-publishing agency for independent authors. She has been assisting independent authors to achieve their dreams of becoming published authors for over 15 years. From New York Times and USA Today Bestselling authors to the first-time author to every author in between. Dayna is a self-professed bibliophile. While dancing has always been her first love, reading came as a very, very close second, with gardening coming in as a close third. Dayna is also the divorced mom of four adult children and a very proud grandma. She is also a web designer, social media specialist, book blogger, and reviewer. She's a long-time Disney lover and a Utah Jazz, Utah Utes, and Dallas Cowboys fan. See Dayna's reviews here: [Dayna's](#)

[Reviews](#)



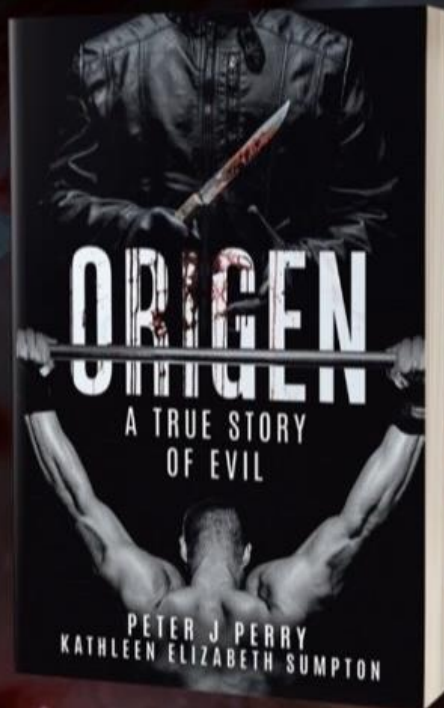


# GIVEAWAY!

Enter to win a \$15  
Amazon or gift card  
from Peter J. Perry &  
Kathleen Elizabeth  
Sumpton!



OR



NOVELSALIVE.COM

# All the Ups and Downs

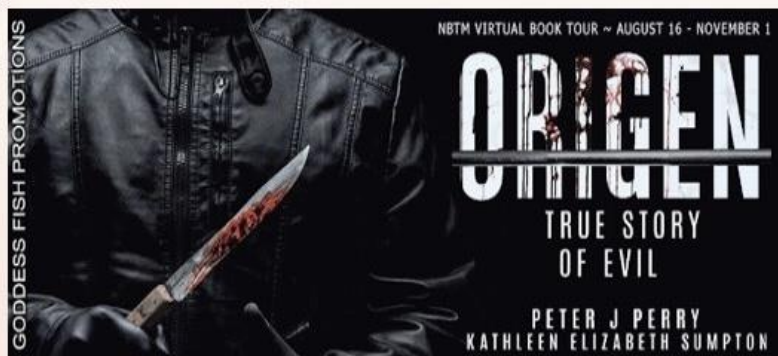
*Talking about books, products, giveaways, and everything in between!*

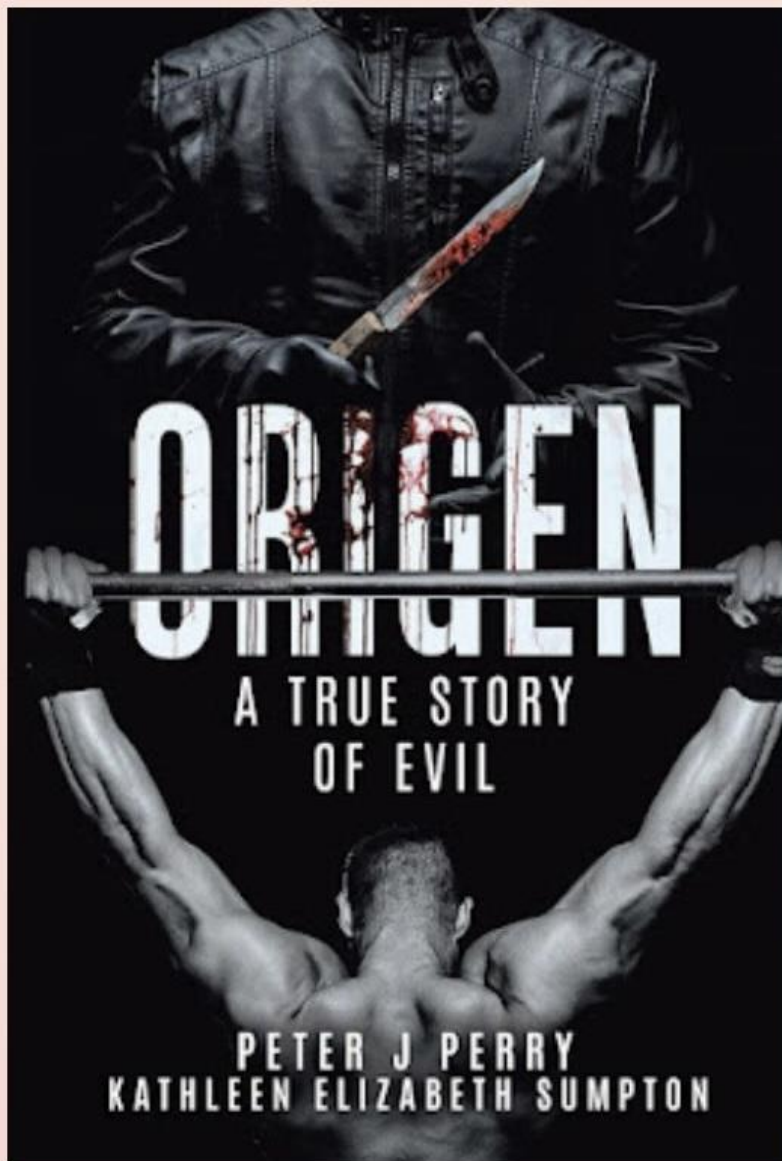
Home



Monday, August 30, 2021

## NBtM Virtual Book Tour and Giveaway - Origen: A True Story of Evil by Peter J. Perry and Kathleen Elizabeth Sumpton





**Title:**

*Origen: A True Story of Evil*

**Authors:**

Peter J.  
Perry and  
Kathleen  
Elizabeth  
Sumpton

**Publisher:**

Tellwell  
Talent

**Publication Date:** June 9th 2021

**Print Length:** 285 pages

**Genre:** True Crime

15 comments:



**Goddess Fish Promotions** August 30, 2021 at 3:50 AM

Thanks for hosting!

[Reply](#)



**Deborah Dumm** August 30, 2021 at 6:37 AM

How long was the writing process?

[Reply](#)



**Sherry** August 30, 2021 at 7:43 AM

Sounds like a very good book.

[Reply](#)



**Kim** August 30, 2021 at 8:16 AM

Interesting guest post.

[Reply](#)



**Rita Wray** August 30, 2021 at 8:44 AM

Sounds like a good book.

[Reply](#)





## All the Ups and Downs's Post



**All the Ups and Downs**

2d · 🌐



On my blog today, read an excerpt from the true crime book [Origen: A True Story of Evil](#) by Peter J. Perry and Kathleen Elizabeth Sumpton. There's also a fascinating guest post about evil. Be sure to enter the [#giveaway](#) for a chance to [#win](#) a \$15 [#Amazon](#) or Barnes & Noble gift card.

Based on an original screenplay by Peter Perry  
and Geoff Hart.

Property of the Origen Foundation Inc.

**Goodreads \* Amazon \* Apple Books \***  
**Barnes & Noble \* Book Depository \***  
**Bookshop \* IndieBound \* Smashwords**

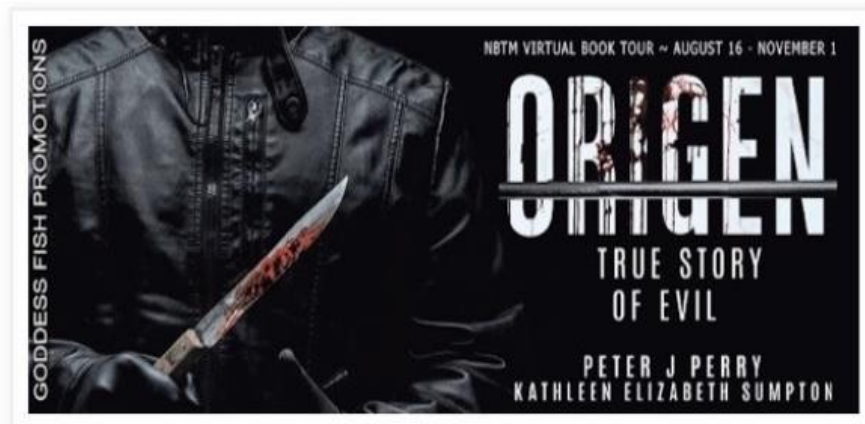
# Fabulous and Brunette

Home



Monday, September 27, 2021

Origen: True Story of Evil by Peter J. Perry & Kathleen Elizabeth Sumpton  
- Book Tour - Guest Post - Giveaway  
- Enter Daily!





# ***Origen: A True Story of Evil***

**by Peter J. Perry and  
Kathleen Elizabeth  
Sumpton**

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***GENRE: True-Crime***

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## **BLURB:**

Have you ever come face to face with the devil? In a tapestry of sports, business, and dating, there is an evil presence that is not quite visible to anyone: The Bedroom Strangler. A serial killer that scales fifteen storey buildings, enters through the balcony, and stealthily slithers under the bedroom bed, with the sole intent of raping and murdering innocent women in their sleep. He has been classified as the worst serial killer in Ontario history and Canada's most dangerous criminal ever, operating at the height of London's 40 year serial killer period, from 1974 - 1978.

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## **EXCERPT ONE:**

### ***Imagine...***

**You are managing a gym after just graduating from university, working very hard with a staff of thirty and creating a positive atmosphere of energy to motivate and keep members physically fit. Your mission is to create goodwill in the community at the same time as being a role model, because you have an athletic gift. You are an international powerlifting champion, undefeated. As a Canadian powerlifting champion, you become a living legend in your community, with people of all walks of life joining your gym simply to be around your positive vibe.**

## 4 comments:



**Goddess Fish Promotions** September 27, 2021 at 1:25 AM

Thanks for hosting!

[Reply](#)



**Ally Swanson - FAB** September 27, 2021 at 1:53 AM

Peter & Kathleen ~ Good morning! Welcome to FAB! It is so great to have you BOTH here! Congrats on your new book and good luck on the book tour! :)

[Reply](#)



**Rita Wray** September 27, 2021 at 6:38 AM

Sounds like a good book.

[Reply](#)



**Kim** September 28, 2021 at 1:07 PM

Why did you decide to write this book?

[Reply](#)

Enter your comment...

# Kathleen Sumpton

## Category

Public figure

Product/service

Business consultant

Writer

## General Information

Phone: +1 519-694-4478